

# **Slough Wellbeing Board**

## **Annual Report**

**2017/18**

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## **Foreword**

Welcome to the third Annual Report of the Slough Wellbeing Board. This report covers the period from May 2017 to April 2018.

[Develop with chair and vice chair in April 2018]

Chair of Slough Wellbeing Board

## **Section 1: Introduction**

Slough Wellbeing Board has a commitment to openness and transparency in the way that the Board carries out its work and is accountable to local people. This includes a commitment to annually review progress against the Board's ambition to reduce health inequalities and improve health and wellbeing outcomes across the town.

This annual report sets out a review of the Wellbeing Board's progress over the last year and sets the context for the work of the Board during the year ahead.

## **Section 2: About the Slough Wellbeing Board**

The Slough Wellbeing Board was formally established as a statutory committee of the council in April 2013; in accordance with the legislation passed in the Health and Social Care Act 2012.

The purpose of the Slough Wellbeing Board is to:

- Improve health and wellbeing
- Reduce gaps in life expectancy across Slough
- Focus on the wider determinants of health, such as education and training, housing, the economy and employment and
- Commission better, more integrated and efficient health and social care services.

The Board has a series of statutory responsibilities duties which are set out at Appendix 1.

## **Membership**

The current membership<sup>1</sup> of the Board (as of April 2018) is as follows:

- Slough Borough Council
- NHS
- Slough Clinical Commissioning Group

<sup>1</sup>

In Slough membership of the Board extends beyond the statutory requirements for Health and Wellbeing Boards: The Board has sought to ensure it is able to play a more strategic role so that it can have genuine influence and set direction. We have therefore called our overarching partnership the Slough Wellbeing Board rather than the Health and Wellbeing Board as our arrangements go beyond statutory requirements.

- Slough Children's Services Trust
- Healthwatch Slough
- Thames Valley Police
- Royal Berkshire Fire and Rescue Service
- Slough Council for Voluntary Service
- Business sector
- Slough Youth Parliament

### ***Decision-making***

The Board is subject to the same openness and transparency rules as other committees of the council. All meetings are held in public and all of its agendas, reports and decisions are available to view on the Council's website at: [www.slough.gov.uk/moderngov/ieListMeetings.aspx?Committeeld=592](http://www.slough.gov.uk/moderngov/ieListMeetings.aspx?Committeeld=592)

The Board is also subject to scrutiny through the council's Health Scrutiny Panel. Information about this Committee is available to view on the council's website at: [www.slough.gov.uk/moderngov/mgCommitteeDetails.aspx?ID=105](http://www.slough.gov.uk/moderngov/mgCommitteeDetails.aspx?ID=105)

### ***How the Wellbeing Board works with the key partnership groups in Slough***

The Board works closely with the following:

- Health and Social Care Priority Delivery Group
- Safer Slough Partnership
- Slough's Local Safeguarding Children's Board
- Slough's Adult Safeguarding Board
- Joint Parenting Panel
- Early Help Partnership Board
- Special Educational Needs and Disabilities (SEND) Partnership Board

Each of these partnerships contribute to the delivery of various aspects of the Slough Wellbeing Strategy. Updates on their work have been included in the 'Wellbeing Strategy Priorities' section of this report.

The Wellbeing Strategy 2016 – 2020 explains there is a wider partnership network operating across the town which the Board is seeking to better coordinate.

### **Section 3: The health and wellbeing context**

According to the Public Health England Health Profile for Slough published in [June 2016 – but about to be updated] the health of people in Slough is varied compared with the England average.

- Total life expectancy in Slough is worse than in England and the South East. Men are expected to live on average, up to 78 years old in Slough; this is significantly worse than the England and regional averages; while women are expected to live until 82 which is similar but lower than the national average.
- Healthy life expectancy for both men and women is significantly lower than the England average. Women on average can expect to live the last 24 years

of their life in poor health (compared to 20 years in England), while men can expect to live the last 18 years of life in poor health (compared to 16 years in England). This means men can expect to live shorter lives on average than women in Slough, but they spend a higher proportion of their lives in good health.

- There are also large disparities between the most and least deprived parts of the town: Life expectancy is 6.5 years lower for men and 4.1 years lower for women living in the most deprived areas of Slough, as compared to those living in the least deprived areas.
- Whilst deprivation is lower than the national average, about 7,716 children and young people live in low income families (before housing costs are taken into account) in Slough.
- Obesity in children in Year 6 is significantly worse than the average for England.
- Levels of GCSE attainment, breastfeeding and smoking at time of delivery are all better than the England average.
- There are a significantly lower percentage of physically active adults in Slough than the regional and England averages.
- Although estimated levels of adult smoking in Slough is similar to the England average, Slough's rate of smoking related deaths, Tuberculosis incidence (number of new TB cases notified), and the rate of late diagnosis of HIV are all significantly worse than England figures.
- Diabetes in adults is also significantly higher than the England average
- The take up of cancer screening programmes and preventative programmes in Slough is poor.
- Death rates for cardiovascular disease (CVD) in Slough are significantly higher than the rest of Berkshire, the South East and England – although death rates do appear to be falling at least as fast as the rest of the country.
- Hospital admissions for mental and behavioural disorders due to alcohol are also on the rise in Slough.
- Social isolation, depression and dementia rates are also steadily increasing across the town, although levels of recorded depression in Slough are lower than the national average.
- As people live longer the health and care needs of Slough's older people are also predicted to increase.

More information on the Joint Strategic Needs Assessment (JSNA) can be found here: [\[insert link\]](#)

An easy to read summary version of the 2017 JSNA using infographics is available at: [\[insert link\]](#)

#### **Section 4: Highlights of progress overseen by the Wellbeing Board**

Between May 2017 and April 2018 the Board met six times in public.

The section below sets out highlights of the work undertaken against the Board's statutory responsibilities and against the four priorities of the Wellbeing Strategy 2016 – 2020.

## **Statutory responsibilities**

### **Joint Strategic Needs Assessment (JSNA)**

The Board has a statutory responsibility to undertake a Joint Strategic Needs Assessment (JSNA) for the town. The JSNA is an assessment of the current and future health and social care needs of Slough's population and the factors affecting their health, wellbeing, and social care needs. It brings together information from different sources and partners to create a shared evidence base, which supports service planning, decision-making, and delivery. The 2016 JSNA presents key headlines from the most recent analysis of the data and includes population change, population groups, wider determinants of health (employment, housing, education, environment), health conditions and causes of death, lifestyles and service use. Supporting this information are ward profiles and links to Slough's Clinical Commissioning Groups profiles for those who require more detail.

A summary document is also produced each year drawing attention to key facts and figures, and highlighting priority issues for Slough. The JSNA is a continuous process and is updated as additional information becomes available, to support evidence-based commissioning and highlight gaps and areas for future work.

A refresh of the 2016 JSNA is currently underway and will be published later this year.

### **Joint Wellbeing Strategy**

The Board's refreshed Wellbeing Strategy for 2016-2020 focuses on the areas it plans to make a significant difference to the health and wellbeing of the residents of Slough. The Strategy was developed following a review of the 2013-2016 Strategy and after a renewal of the borough's JSNA in 2016. It is being used to prioritise and underpin the work of the Board and its four priorities for the town are:

1. Protecting vulnerable children
2. Increasing life expectancy by focusing on inequalities
3. Improving mental health and wellbeing
4. Housing

The Board's progress towards achieving each of these priorities is outlined in the next section. More information on the Strategy can be found here -

[www.slough.gov.uk/council/strategies-plans-and-policies/slough-joint-wellbeing-strategy.aspx](http://www.slough.gov.uk/council/strategies-plans-and-policies/slough-joint-wellbeing-strategy.aspx)

### **Pharmaceutical Needs Assessment (PNA)**

The Board has a statutory responsibility to undertake a Pharmaceutical Needs Assessment (PNA) every three years. The PNA aims to review the current pharmaceutical services for Slough and identify any gaps in provision through assessment, consultation and analysis of current and future local need.

The Board approved its second draft PNA for Slough for public consultation in November 2017 and endorsed a final version at its meeting in March 2018. This document will be published on the council's website at [insert link] shortly.

## **Slough Clinical Commissioning Group's (CCG's) Commissioning Intention Plans for 2017/18 and 2018/19**

[insert]

### **Integration / partnership working**

Throughout 2017/18 the Board has continued to oversee the development and delivery of a number of ambitious plans for local health and social care integration which will underpin the town's ambitions for the next five years.

This has provided the Board with a unique opportunity to drive forward its ambitions around health and social care integration. Within this context, the Board's headline achievements during 2017/18 have included the following:

### **Frimley Health and Care Sustainability and Transformation Partnership (STP)**

The Frimley Health and Care Sustainability and Transformation Partnership is one of 44 plans set up across the country to deliver NHS England's 'Five Year Forward View' vision of better health, better patient care and improved efficiency. The plan sets out how this will be achieved locally and how services will evolve and become more sustainable over the next five years. The STP expands upon the work which is already underway in local communities to transform services for people by improving care and helping them to live longer healthier lives. Local people will have access to high quality consistent care as close to home as possible, with specialist services centralised where necessary.

The central role of the STP is to support local plans, such as the New Vision of Care, to achieve the changes that local people and local clinicians have feedback that they want. The plan focusses on the following priorities:

- Developing communities and social networks so that people have the skills, support and confidence to look after themselves.
- Focusing on NHS staffing to ensure the workforce is ready to meet the demands of our communities.
- Delivering consistent care for all aspects of a person's life.
- Using technology to help improve outcomes and increase efficiency.

The Board receives regular updates and progress reports about the delivery of the STP at each of its meetings.

To read the full Frimley Health and Care Sustainability and Transformation Partnership plan please visit: <http://www.sloughccg.nhs.uk/about-us/sustainability-and-transformation-plan>

### **Better Care Fund**

The Better Care Fund (BCF) is a £8.76 million pooled budget between the Council and Slough's CCG. It is a government initiative to transform local health and social care services so that they work together to provide better joined up care and support. The Slough BCF programme for 2017/18 has continued in line with the plan agreed by the Board and assured by NHS England in [when?], which was broadly to:

- Continue investment in schemes that have an impact on avoiding non-elective admissions
- Continue funding the services which actively contribute to achieving the BCF outcomes for Slough as described in the plan
- Provide some additional investment into developed integrated care models and out of hospital services.

The impact of the programme on reducing non-elective admissions to hospital, a key performance indicator, has been successful, but overall activity remains consistently around 9% above that planned. Delayed Transfers of Care have been significantly above an ambitious target of activity set in this year. However, Slough's performance is still exceptionally good when compared to the region and nationally and this is a result of investments made within the first two years of the Better Care Fund. BCF made investment into new integrated ways of working in this year, including an integrated cardio prevention service which provides a single route for GP and self-referrals into individually tailored advice and lifestyle support from a Wellness Coach that helps people improve their cardio wellness. There was also investment to establish a single point of access through to community health and social care services.

The programme is governed through regular monthly meetings of the Delivery Group together with bi-monthly meetings of the Joint Commissioning Board, which meets as part of the Health Priority Delivery Group. There have also been regular reports to the Wellbeing Board on progress and performance, and quarterly monitoring returns to NHS England as required within the BCF guidance. The Board will continue to receive regular updates on the delivery of the BCF throughout 2018/19.

More information on the BCF can be found here – [insert link]

## **Safeguarding**

The Board received annual reports from both the Safeguarding Adults Board and the Local Safeguarding Children's Board. Both boards work on the recurring challenge of supporting practitioners working with vulnerable children and adults who need help and support but who do not need safeguarding interventions.

A new Joint Safeguarding Executive Group has been formed to bring together the work of both of these Safeguarding Boards and the Slough Safety Partnership to create cohesion between the three Boards. A communication strategy and new website has been created for these boards at [insert link]

The key issues facing the Adult Safeguarding Board during this period included the management of risk, working with people who self-neglect, mental capacity and the deprivation of liberty safeguards and making safeguarding personal, and a revised business plan has been developed to deliver the above objectives.

Slough's Local Children's Safeguarding Board's work programme during this period concentrated on implementing revised multi-agency threshold guidance for practitioners; introducing more effective processes on quality assurance; and taking



action to strengthen the Board's oversight of its multi-agency response to children at risk of exploitation.

Further information about the work of these Boards can be found at [insert link] and [insert link] respectively.

### ***Priorities in the Joint Wellbeing Strategy 2016 – 2020***

This section provides a summary of the progress that has been made to achieve the four strategic priorities of the Wellbeing Strategy.

#### **Priority 1: Protecting vulnerable children**

The vast majority of children in Slough lead safe healthy lives and are well cared for. However, as in all communities, a minority of families need additional support at times and a number of children require specific action by agencies to ensure that they do not suffer abuse or neglect. The SLCSB plays a key role in coordinating the work of a range of statutory partners and agencies in helping, protecting and caring for children in Slough. It also has a responsibility to identify blocks and barriers to success across the whole system.

#### **Key achievements included:**

- Endorsing the Slough Multi Agency Protocol for Transition from Childhood to Adulthood.
- Endorsing Terms of Reference for the Early Help Board.
- Receiving a presentation from the Slough Youth Parliament on its new manifesto in July 2017 and an up-date in its activities in September 2017.
- Developing and implementing a two year business plan for the Local Safeguarding Children's Board.
- Finalising and promoting our comprehensive education, employment and training offer and strategy for our looked after children and care leavers.
- Establishing an Early Help Partnership Board.
- Developing an early help strategy, setting out the partnerships expectations for delivering effective early help to all vulnerable children and young people living in Slough.
- Launching a number of local area collaboratives to build closer local working between schools, nursery providers, children centres, health services, family support services, and other key partners.
- Working with partners across the local health system to enable young people to access consistent health advice and support, including effective mental health services.

#### **Other activity throughout 2017/18 included:**

- Hosting a thematic discussion on this priority in January 2018. A report of this discussion can be found at [insert].

#### **Next steps:**

- To review and issue new Local Safeguarding Children's Board's guidance for practitioners to help them make decisions about thresholds for social care intervention.
- To review Local Safeguarding Children's Board's safeguarding training to ensure it is informed by evidence from practitioner experience and serious case reviews.
- To publish a plan in March 2019 setting out how local safeguarding partnership arrangements will operate following new government guidance expected in the summer of 2018.
- To carry out a self assessment of the Local Safeguarding Children's Board to monitor it's effectiveness during 2018/19.

### Case Study

Insert

## Priority 2: Increasing life expectancy by focusing on inequalities

This priority recognises the importance of lifestyle factors on health, and the rising rates of certain long term conditions (such as cardiovascular disease and diabetes) in Slough and which can impact on premature death rates (i.e. deaths that occur before 75 years). In Slough, mortality rates from causes considered preventable are increasing in males and are higher than the England average; while for females they are decreasing and are similar to England average. Preventable deaths [insert statistics] are also more common in men.

In order to make a difference to residents health and their subsequent need for health care, the Board closely collaborates with the Health and Social Care Priority Delivery Group to identify and champion a range of approaches and initiatives to tackle the risk factors that drive ill health, promote positive actions that address entrenched habits and lifestyles and actively encourage individuals and communities to take more responsibility for their own health.

### Key achievements included:

- Over 4,000 children, across nine primary schools are now doing The Daily Mile in Slough. Two schools have invested in a purpose built track to allow them to participate in the programme.
- Over 10,000 children, families, teachers and staff now taking part in Active Movement across eight sites in the borough.
- 55 men are taking part in the weight loss intervention pilot called Man vs Fat, an inspirational programme of physical activity, culminating with the return of the Slough Half Marathon on 14 October
- 155 people took part in #10minutes4Slough (Eldest 79, youngest 5) campaign, culminating on World Mental Health day in October 2017. 92% of participants found they had become more active, while 80% reported feeling healthier (both physically and mentally).
- All Slough Children Centres have now reached Gold Standard in Oral Health promotion.

- Making it easier for residents to access lifestyle improvement programmes and step down help from hospital easier through the Cardiowellness4Slough programme. Over 1,949 residents were triaged to local services during the first year of this campaign. Of these, 872 people were referred to Adult Weight Management (Eat 4 health) support, 802 people benefited from NHS Health Checks.
- 1,600 people benefited from a behaviour change referral. 1,464 of the residents who accessed the programme (and were from a BME group) were triaged on to lifestyle services.
- Launching the #ReRealistic awareness raising campaign (January to March 2018) to improve the health and wellbeing of local people
- Receiving and commenting on the CCG Operating plan and the refresh of the CCG Operational plan 2017/19.
- Finalising Slough's first integrated three year Prevention Strategy to improve the health and well-being of local people. The Care Act (2014) emphasises the importance of a shift in service provision towards preventive services, with the aim of preventing, reducing and delaying the need for care and this strategy will outline our approach.
- Hosting a GP open day in June 2017 to enable patients to share their views on how local health services could be improved. On the day over [xxx] patients completed a short health survey, the results of which are now being used to commission services that meet local needs.
- Hosting a thematic discussion on this priority in May 2017. This report can be found at [insert].
- Continuing to support the implementation of Frimley STP, by providing a 'confirm and challenge' function, ensuring that the STP is aligned with the priorities set out in both the Wellbeing Strategy and the JSNA. The Board will also apply this 'confirm and challenge' approach to the forthcoming implementation of the STP, particularly with regard to the pace and readiness of the individual programmes of work within it.
- Developing a Low Emission Strategy for Slough that reduces emissions (mainly from vehicles) and improves local air quality.
- Hosting wicked issues discussions about obesity across all age groups and poverty and its impact across all age groups during the Board's 2017 Partnership conference.

**Other activity throughout 2017/18 included:**

- Endorsing 'An integrated Approach to identifying and assessing Carer health and wellbeing', developed and published by NHS England in order to promote increased support to and improve outcomes for, unpaid carers.
- Receiving the Slough Prevention Alliance Community Engagement (SPACE) annual report for 2016/17.
- Receiving the BCF annual report 2016/17.
- Receiving the Healthwatch annual report 2016/17.
- Overseeing the recommissioning of the Slough Healthwatch contract.

**Next Steps:**

- To launch GoodGym a combination of running, volunteering, community engagement and a programme to reduce social isolation and loneliness in vulnerable older adults, across Slough during in the Spring of 2018.
- Review the effectiveness of the #BeRealistic campaign.
- Review feedback on poverty campaign.
- To receive the Interim Director of Public Health's Annual Report 2017/18.

Case Study

Insert

**Priority 3: Improving mental health and wellbeing**

This priority responds to the high levels of poor mental health and wellbeing in the town that impacts on the general health and aspirations of individuals and families as well as the town as a whole. Only a small proportion of mental ill health is dealt with within specialist mental health services, so a range of preventative and alternative responses is vital, and these responses need to adapt to the needs of communities and Slough's increasingly diverse population.

The Board's approach to improving mental health and wellbeing includes improving access to information, training and support on maintaining good mental health for workers, volunteers and communities; supporting and strengthening community assets to support self care (primary prevention) and ensuring service users are involved in planning their own care (tertiary prevention).

**Key achievements included:**

- Endorsing the Berkshire Suicide Prevention Strategy 2017-2020 & Slough Suicide Prevention Action Plan. The plan identifies opportunities and priorities for communication around mental health and wellbeing and will focus on suicide and self harm prevention.
- Hosting a wicked issues discussion on the theme of loneliness and social across all age groups during the Board's 2017 Partnership conference.
- Receiving an update on Preventive Mental Health Services in Slough.

**Other activity throughout 2017/18 included:**

[Insert]

**Next steps:**

- To endorse a draft Autism Strategy for Slough.
- To endorse the SEND Partnership Board's Terms of Reference.
- To review feedback received on the #ReachOut loneliness and social isolation campaign
- To review feedback received during Mental health campaign
- To review progress made under Berkshire Suicide Prevention Strategy and Action Plan.

Case Study

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#### **Priority 4: Housing**

There is a close relationship between poor housing and poor health. Poor housing can also have a negative impact on a wider range of physical and mental health problems. Today most of the town's housing can be regarded as having good standards of sanitation, weatherproofing, ventilation and repair. However nationally it has been estimated that approx. 70% of negative health impacts occurs as a direct consequence of factors outside the formal health service. Housing improvements are therefore accepted as one of the most critical of these impacts. However, no single organisation has it within its gift to provide a whole solution.

Improving the health and social wellbeing of our communities will take time and require an increased level of partnership working, not only with the health sector but also with private developers, statutory agencies, the voluntary and community sector, housing associations, our partners and residents themselves, if we are to deliver a range of housing and support services that meet the ambition and needs of our local people.

#### **Key achievements included:**

- Receiving a Housing Strategy Implementation Plan (six month update) in July 2017.
- Receiving a Housing Update: Key Elements and Recent Developments including Key worker housing in November 2017.
- Hosting a themed discussion on the issue of homelessness and rough sleeping in Slough in March 2018.

#### **Other activity throughout 2017/18 included:**

[Insert]

#### **Next steps:**

[Insert]

**Case Study**

Insert

#### ***Other achievements in 2017/18 included:***

- Hosting its second annual Partnership Conference at The Curve in September 2017 to strengthen partner relations and working. The conference, which is a component of the Board's strategic objective to build a strong local partnership

through collaborations with Slough's multi-sector partners, provided participants with an opportunity to come together to discuss a number of wicked issues affecting the town.

- Refreshing its Terms of Reference to ensure we have the correct representation and offer an opportunity for wide engagement.
- Refreshing its Overarching Information Sharing Protocol to ensure information is shared consistently and securely between Board members. More information on this Protocol can be found at [insert link].
- Receiving regular updates from the Preventing Violent Extremism Co-ordinating Group on its activities and achievements.

## **Section 5: Conclusion**

This Annual Report summarises the work of the Board to improve health and wellbeing outcomes for people living in Slough throughout 2017/18. The approach is one founded on strong partnership working and an understanding that the challenges facing health and social care are too great for any single organisation to tackle alone.

Members of the Board are committed to working together to ensure Slough has the right strategic plans and partnership arrangements to face these challenges.

During the course of 2018/19 the Board will continue to review and strengthen its partnership structures to build on the work that has been done to date to improve the health and wellbeing of local people.

The Board will use the findings of this Annual Report to review progress against the priorities in the Wellbeing Strategy and check that these remain the right areas of focus for the year ahead. It will refresh these priorities and the Strategy where appropriate if the data and local context suggest that this is necessary.

The Slough Wellbeing Board will also consult on any changes that are required and will invite input from partners and stakeholders at the annual partnership event to be held in the autumn of 2018.

### **APPENDIX 1: The Wellbeing Board has the following statutory responsibilities (as set out in the Health and Social Care Act 2012):**

- To prepare and publish a Joint Strategic Needs Assessment (JSNA) of the health needs of the people of Slough.
- To prepare and publish a Joint Health and Wellbeing Strategy (JHWS) for Slough.
- To give its opinion to the Slough Clinical Commissioning Group (the CCG) as to whether their Commissioning Plans adequately reflect the current JSNA and JHWS.
- To comment on sections of the CCG's Annual Report which describe the extent of the CCG's contribution to the delivery of the JHWS.
- To give its opinion, when requested by the NHS Commissioning Board, on the CCG's level of engagement with the Board, and on the JSNA and the JHWS.

- To encourage integrated partnership working between organisations that plan and deliver health and/or social care services for local people in the area.
- To work with partners to identify opportunities for future joint commissioning.
- To lead on the signing off of the Better Care Fund Plan (BCF).
- To publish and maintain a Pharmaceutical Needs Assessment (PNA).
- To give its opinion to the Council on whether it is discharging its duty to have regard to any JSNA and JHWS prepared in the exercise of its functions.
- To ensure that strategic issues arising from Slough's Adult Safeguarding Board and Local Safeguarding Children's Board inform the work of the Board.
- To receive the annual reports from the Slough's Adult Safeguarding Board and Local Safeguarding Children's Board and ensure that partners respond to issues pertinent to the Board.
- To exercise any Council function which the Council delegates to it.

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